

Training Course Report

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The contents of the training event record you selected are displayed below:

SHORT TITLE: *PRE-RETIREMENT PLANNING FOR FERS
(2ND AMENDMENT-TRAINING SITE CHANGED FROM CPF HICKAM AFB)*

LONG TITLE: PRE-RETIREMENT PLANNING FOR FERS

LOCATION: Federal Fire Department - Pearl Harbor, HI

REGION: PACIFIC

DATE START: 11/19/2008

DATE END: 11/19/2008

TIME START: 7:30:00 AM **TIME END:** 3:30:00 PM

NOMINATION DEADLINE: 10/21/2008

COST: \$110.00

COURSE DESCRIPTION:

Don't wait until your last day on the job before planning your retirement. This program is for Federal employees within ten years of retirement eligibility. Please bring your recent SF 50, Leave and Earning Statement, Social Security or other retirement statement to assist with your specific questions. Topics covered include:

- Explanation of the FERS Retirement System • Survivor Benefit Elections
- Creditable Service; i.e., military, deposit and redeposit • Death Benefits
- Retirement Options and Eligibility • COLAs
- Computing Annuities • Health and Life Insurance
- FERS Annuity Supplement • Medicare and Social Security
- Selecting a Retirement Date • Thrift Savings Plan
- High-3 Average Salary • Federal Long Term Care

ELIGIBILITY:

All Federal employees covered under FERS who are within 5 years of retirement, to include early-out eligibles. Spouses are invited to attend at no additional charge.

ACTION:

To register, FAX or mail a copy of the approved and properly executed SF-182 to the Human Resources Service Center, Pacific, REGISTRAR, Training Department, Code 30, 178 Main Street, Bldg. 499, Honolulu, HI 96818-4048 by the nomination deadline. **Confirmation letters will be sent by e-mail. Please provide Point of Contact's name, phone number and e-mail address.** (Insert in SF-182, Section B, Block 18)

VENDOR:

Federal Benefits Services, LLC, 5565 Fishers Ferry Road, Gold Hill, OR 97525 (Insert in SF-182, Section B, Block 1a)